Being Busy

In a village there lived two wood cutters. One was old and experienced and other one was young and strong. Every day early morning they get out to nearby forest to cut trees. They sell wood to villagers for living.

One day the young wood cutter noticed that the old man had more wooden logs than his. He was aghast at first thought he wasn’t working enough to earn more. Then on he decided he will work hard and be better wood cutter than the old man. He decided from tomorrow he will go to forest earlier than before and come back late.

This change in schedule went on for a while and the young wood cutter never happened to see the old man for few days. After few days they happened to meet in market after their venture into forest. When young one saw the amount of log the old man had, he disheartened even more. As his log quantity was even lesser compared to last time.

Younger one couldn’t contain his anxiety and frustration any more he approached the old man and poured his heart out. The old own looked at young man’s axe and said to him “Sharpen your axe”. He said every day before going to bed he would sharpen his axe so that next day he can be better at work.

Moral of this story is you need to spare time to sharpen your axe. This principle of sharpening your axe applies to us in all spheres of our life. Esp.., Your body, mind and your soul.

No matter how costly your car is, you need to stop, to refuel, to continue your journey. Your body, mind and soul are costlier than any car in this world. It needs constant refueling for better living.

Reduce your wants understand your needs. Understand that you will always want more than what you have. Remember life doesn’t give what you ask for, it gives you what you need. Key is NOT to make your happiness dependent on finding that elusive pot of gold at end of the rainbow. Ultimately which you will find it empty.

Goals energize your life, but never put off happiness for sake of achievements. Climbing corporate ladder by missing your child’s first walk is not climbing. What’s the point in working to purchase big house, when you don’t spare time to build a home. It’s not fame, when the whole of your business world knows about you, and kids at home doesn’t know much about his / her father. Embrace wonders of living spend more time with those who make your life meaningful.

Remember this do nothing to extreme, everything in moderation.